

NURS 1100 Professional Nursing Care in Health Promotion

Fall 2019

Credit Hours: 9 (didactic and clinical)

4 credit hours lecture schedule as listed in Class Schedule and Moodle

5 credit hours clinical schedule as listed in Class Schedule and Moodle

COURSE DESCRIPTION:

This semester introduces the learner to the concepts of health promotion, safety, clinical judgment, leadership, patient centeredness, and professionalism. Health promotion includes learning about self-health and health in children, adults, older adults, and the family experiencing a normal pregnancy. Learners will value evidence about healthy lifestyle patterns and risk factors for disease and illness, apply growth and development theory, develop therapeutic relationships, conduct an age appropriate and culturally sensitive health assessment, and promote health using the nursing process and standards of professional nursing.

Prerequisite: Admission to the Nursing Program.

COURSE COORDINATOR: Tina Smith, MSN, RN

INSTRUCTORS:

Tina Smith, MSN, RN
Assistant Professor of Nursing
Office: Yellowstone Building 151
Office hours posted on office door
Call or email for appointment outside of the hours posted
Phone: (307) 754 – 6037
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Additional Instructors:

Karen Bowen, MSN, RN
Kathy Clark, MSN, RN
Billy Crawford, MSN, RN
Nichole Gutierrez, MSN, RN

INSTRUCTIONAL MATERIALS TO BE USED:

Resource	ISBN	Miscellaneous Info	Required	Optional
Pearson Education (2019). <i>Nursing: A concept-based</i>	134869745	If you purchase all Pearson resources	X	

<i>approach to learning, volumes I, II & III</i> (3rd ed.) plus <i>MyLabNursing with Pearson e-Text -- Access card package.</i>		through the NWC bookstore, you will receive a multi-unit discount. These books are digital e-text.		
Pearson Education (2019). <i>Nursing: A concept-based approach to learning, volume I.</i> (3rd ed.)	134616804	Hard copy of textbook		X
Pearson Education (2019). <i>Nursing: A concept-based approach to learning, volume II.</i> (3rd ed.)	134616812	Hard copy of textbook		X
Callahan, B. (2019). <i>Clinical nursing skills: A concept-based approach, volume III.</i> (3rd ed.). Pearson.	134616839	Hard copy of textbook		X
Giagrasso & Shrimpton. (2018). <i>Dosage Calculations: A Multi-Method Approach plus MyLabNursing with Pearson eText --Access card package.</i> (2nd ed.)	134454138	If you purchase all Pearson resources through the NWC bookstore, you will receive a multi-unit discount.	X	
Lippincott CoursePoint+ for Hinkle & Cheever: Brunner & Suddarth's Textbook of Medical-Surgical Nursing. (14th ed.)	9781496379061	Purchase 24-month access and CoursePoint+ NOT CoursePoint. Discount if purchased through Lippincott.	X	

		Microsite link not available yet. Watch your email for this!		
Brunner & Suddarth's Textbook of Medical-Surgical Nursing. (14th ed.)	9781496379061	Hard copy of textbook. Discount if purchased through Lippincott.	X	
Lippincott CoursePoint+ for Karch: Focus on Nursing Pharmacology. (6th ed.)	9781975135683	Purchase 24-month access and CoursePoint+ NOT CoursePoint. Discount if purchased through Lippincott. Microsite link not available yet. Watch your email for this!	X	
Bristol, T., Herrman, J.W., Stephenson, W. (2019). NurseThink for students: NCLEX-RN conceptual review guide. A NurseTim Brand. Bristol, T. & Sherrill, K. (2019). NurseThink for students: The notebook. (3 rd ed.). A NurseTi Brand		Microsite is not available at this time.	X	
Schmehl, P. (2014). <i>Introduction to concept mapping nursing</i> –	9781449698799	Discount Code: NORTHNURS	X	

Access code: Jones & Bartlett				
Shadow Health. (2019). <i>Digital clinical experiences: Health assessment.</i>	https://shadowhealth.com	You will receive a course specific access code from your instructor.	X	
Shadow Health. (2019). <i>Digital clinical experiences: Pharmacology.</i>	https://shadowhealth.com	You will receive a course specific access code from your instructor.	X	
Assessment Technologies Institute Testing and Student Resources (ATI).	N/A	Purchased through NWC nursing fees. No additional purchase.	X	
Nursing Diagnosis / Care Plan Book		Available through Hinckley Library or you may purchase a hard copy of your choice.		X
Nugent, P. & Vitale, B. (2015). <i>Test success: Test-taking techniques for beginning nursing students.</i> (7th ed.). F.A. Davis	9780803644182			X
Drug Guide for Nurses		Available through Hinckley Library or you may purchase a hard copy of your choice.		X
Laboratory & Diagnostic Tests with		Available through		X

Nursing Implications Book		Hinckley Library or you may purchase a hard copy of your choice.		
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Professional Nursing Care in Health Promotion: Semester One		
Core Curricular Concept	ADN End of Program Student Learning Outcomes: <i>Upon completion of this program, the graduate will be expected to...</i>	Health Promotion End of Semester Student Learning Outcomes
Safety	Provide safe nursing care within the healthcare system.	1. Adhere to safety standards when providing nursing care. 2. Explain the role of the nurse in supporting patient safety.
Clinical Judgment	Incorporate prior knowledge, current research, and clinical experience in decision-making.	3. Begin to use the steps of the nursing process to provide care and promote health. 4. Identify the role of evidence and appropriate sources in guiding decision-making.
Leadership	Demonstrate leadership skills as part of an interprofessional team to promote desired outcomes.	5. Identify the leadership role of the nurse in the healthcare system. 6. Recognize the role of the nurse in healthcare delivery.
Patient Centeredness	Use effective communication and advocacy to provide individualized care.	7. Identify the influence of patient needs, values, and choices when individualizing care. 8. Recognize effective communication techniques used in establishing therapeutic relationships. 9. Explore the nurses' role in advocacy.
Professionalism	Practice within the core values, principles, and standards of the nursing profession.	10. Identify the core values of professional nursing. 11. Identify the legal and ethical basis of nursing practice, including scope of practice.
Health Promotion	Utilize the nursing process and a broad knowledge base to maximize health.	12. Utilize concepts of health promotion to educate patients across the lifespan.

LIBRARY RESOURCES:

This course and other courses throughout the nursing program require the submission of a scholarly paper. Therefore, librarians will provide one face-to-face orientation during this course. This short session will include an overview of Northwest College's library system, selection of scholarly journals, and support for the specific course paper student will be working

on. In addition, the librarian will be directly linked into each section of this course to provide student with individualized support throughout the course. Online access is available for the [Hinkley Library](#).

METHODS OF EVALUATION:

Weekly Examinations	30%
Final Examination	20%
Homework Assignments	20%
Clinical Grade <ul style="list-style-type: none"> • Clinical paperwork • Care plan 	30%

METHODS OF INSTRUCTION:

Students enrolled in this course will participate in a variety of instructional opportunities including but not limited to classroom lecture, clinical hours, and testing over the course of the semester. The nursing program follows the NWC credit hour policy. Therefore, students can expect a minimum of eight hours of out-of-class student work each week, for duration of the semester, for the lecture course portion of this course. Online/classroom lecture utilizes tools such as, but not limited to: Power Point slides, nursing skills practice lab, nursing skill demonstration, online discussion, ATI materials, audio-visual aids (such as vodcasting, podcasting, video/movies), classroom poster presentations, website resource investigation, online and classroom homework, group work, nursing skills, remediation, student nursing return demonstration of nursing skills, and case studies. This course includes many additional methods of instruction as well. These components include clinical experiences, lecture, lab, simulation and other experiences that are integrated together throughout this course. As such, students can expect a minimum of 10 **out-of-class** student work for clinical and are required to maintain passing scores as outlined in the ADN Nursing Student handbook to continue progressing through this course and the nursing program. Students are held accountable to these expectations throughout the program and are expected to be familiar with them at all times.

PHYSICAL & SENSORY REQUIREMENTS:

All courses in the nursing program have physical and technical requirements. Please refer to the Nursing Student Handbook for specific requirements and policy for change in student’s ability to meet requirements. Please refer to you [NWC ADN RN Student Handbook](#).

CLINICAL PRACTICE AND SKILL CHECK OFF:

CLINICAL COMPONENTS:

Clinical experiences are integrated into this course. Students should refer to the [ADN Nursing Student Handbook](#) for foundational expectations regarding the clinical component of this course. Students are expected to participate in a variety of clinical experiences such as the Medical Surgical Rotations, Simulation, Ancillary Rotations, Observation Experiences (note: this is not an all-inclusive list). Upon completion of each rotation, the student will complete a clinical assignment as directed by the instructors to demonstrate achievement of the outcomes for this course for each clinical experience. Please see the Clinical Rotations and Student Learning Outcomes portion of this document for specific details.

CLINICAL EVALUATION TOOL:

Clinical experiences with the instructor occurring outside of the campus will be evaluated using a Clinical Evaluation Tool (CET). Students will perform a self-evaluation as directed by the clinical instructor utilizing the CET. Ratings are reviewed by the instructor who then assigned a rating for clinical evaluation according to instructor validation which include, but is not limited to, observations by the instructor in the clinical setting, reports from client and/or staff, written assignments completed by the student, and the student's participation in pre and post clinical conferences. This tool is used to report weekly progress regarding clinical performance and progression through the nursing program

CLINICAL SKILL PRACTICE:

Clinical skills are an integrated part of this course. Clinical skill practice time and nursing skills check offs will be held on the NWC campus in the Yellowstone Building. Skill practice and check off attendance is mandatory and will be considered part of the clinical experience. Students must meet the required clinical uniform dress code and bring the necessary supplies/equipment to complete the nursing skill when performing a nursing skill "check-off" for the instructor. If the student presents to their nursing skill check-off late, are improperly dressed, or inadequately prepared, the instructor reserves the right to dismiss the student from the nursing lab and charge the student with one failed nursing skill attempt. Information on the clinical skill check off policy can be found in the [NWC ADN RN Student Handbook](#).

EXAMINATION POLICY:

All exams are proctored live utilizing an online format and the student is expected to take the exam during the time frame in which it is scheduled. Being late is not an option. Students may not make up a missed exam without prior arrangements with appropriate instructor. Any missed exam without prior instructor approval will not be made up and result in a zero. Pop quizzes may be used during this course. Information on the examination policy can be found in your Nursing Student handbook at this link: [ADN Nursing Student Handbook](#).

REQUIRED ONLINE PARTICIPATION:

Regardless of the student's face-to-face section enrollment, all exams, assignments, communication, vodcasts/podcasts, and grades are posted online. In addition, there may be times when faculty is out of town traveling with other students during regularly scheduled classroom sessions, resulting in online coursework. Therefore, it is essential that the student have a properly functioning computer, plan extra time to read the assigned material and understand the assignments. The student is responsible for maintaining the proper function of their personal computer or locating a computer lab on campus to complete the requirements of this course. Electronic/Computer failure does not exempt the student from assignment due dates, course requirements or examination deadlines. Please refer to your [NWC ADN RN Student Handbook](#) for further information.

TRAVEL REQUIREMENTS:

During this course, students may possibly be traveling to **Powell, Cody, Lovell, Worland, Thermopolis, Cheyenne, Evanston, and/or Casper, WY** to attend clinical experiences as part of a course assignment. It is an expectation of this course that the student will make appropriate arrangements for transportation, lodging, and other personal/work accommodations as needed to meet this coursework requirement.

COMMUNITY SERVICE:

Community Service is a valued component of NWC mission and the Nursing Program's desire to be a part of the community we serve. Therefore, **two (2) hours** of community service is a required part of **Health Promotion** nursing coursework. Community Service expectations will be outlined in the [ADN Nursing Student Handbook](#)

ASSIGNMENTS:

This course adheres to the Nursing Student handbook Policy regarding late class assignments. Late assignments are counterproductive to student learning. Due dates are consistent and posted at the beginning of each module and on the course calendar throughout the duration of the course. Therefore, in order to be eligible to receive full credit for assignments, the assignment must be computer generated/printed and follow guidelines that were given for completing the assignment. It is the expectation of the instructors that the assignments will be completed on an individual basis unless otherwise directed by the instructor. Therefore, group work on homework without instructor approval will be subject to the academic dishonesty policy.

Assignments are to be submitted to the instructor assigning the work on the date and time specified to receive full credit. **If any work is submitted late, hand written (when not approved by instructor), contains multiple grammatical/spelling errors, or if the guidelines to complete the assignments were not followed, the instructor reserves the right to give the student a zero for the assignment.** Please see the [NWC ADN RN Student Handbook](#), page 31, for additional information on homework and group assignment homework.

ACADEMIC HONESTY:

NWC has developed a policy concerning Academic Honesty and can be found at [NWC Student Handbook](#). The Nursing Department supports this policy and feels each student is responsible for maintaining academic honesty.

ATI:

ATI is designed to support student learning and assist students to prepare for the NCLEX examination. The instructors believe that strengthening student knowledge base systematically throughout the student's education will help make the student a more competent and successful nurse after graduation. Therefore, the instructors have incorporated the learning resources and testing opportunities from ATI throughout each course within the NWC Nursing program. ATI content and supplementation is built into the curriculum and threaded into each corresponding theory course with assignments, quizzes, assessments, and learning modules throughout each semester and utilized consistently for the duration of the program. Practice exams are assigned according to identified areas of weakness throughout the semester.

Throughout the course, learning activities in ATI are assigned in order to adequately prepare for the final exam in this course and to support learning at a level of proficiency that indicates the successful acquisition of course content knowledge.

FINAL EXAMINATIONS:

The final exam tests will occur on the Powell campus. Each NURS 1100 student will take an ATI final exam, worth 20% of the overall grade. The exam will be offered twice, with the expectation that each student will need strive to achieve their highest possible score. The instructor will take the highest score from the two attempts and enter it as 20% of the total final grade. Students who achieve a level II cut score on the Level 1 concept-based ATI final exam will not be required to retake the exam, but may do so if they wish to strive for a higher grade. No remediation will be necessary if a level II cut score has been reached. As a remediation guide, students receiving a level I cut score on the Level 1 concept-based ATI final exam, will be expected to complete 4 hours of remediation in areas of identified weakness prior to taking the second attempt. Scores below a level I cut score on the Level 1 concept-based ATI final exam, will require the student to complete 6 hours of remediation in areas of identified weakness prior to taking the second attempt. Students will not be able to take the second attempt without proof of remediation completion.

Students achieving below level II **after** the second attempt of the ATI exam will be directed by the instructor to pull the ATI focused review and assign the student focused activities for them to work on between semesters **if an overall course grade of 74% or greater has been reached**. The student will return the next semester **with proof of the** completed focused activities to have a conversation with the lead instructor of their new semester's course. For example, if the NURS 1100 student achieves a 74% overall final average for the course, but does not meet the Level 1 concept-based ATI final exam benchmark expectations, the student will receive a focused review assignment as part of the plan for improvement from the NURS 1100 faculty in December. In January, the student will return with a documentation of the focused review activities and make an appointment to discuss the plan for improvement with the NURS 1200 course instructor.

GRADING SCALE:

A	=	95 – 100%	4.0 points	
A-	=	90 – 94%	3.7 points	
B+	=	87 – 89%	3.3 points	
B	=	84 – 86%	3.0 points	
B-	=	80 – 83%	2.7 points	
C+	=	77 – 79%	2.3 points	
C	=	74 – 76%	2.0 points	overall course average of 74% or higher is required to progress within the Nursing program
C-	=	70 – 73%	1.7 points	
D+	=	67 – 69%	1.3 points	
D	=	64 – 66%	1.0 points	
D-	=	60 – 63%	0.7 points	
F	=	below 60%	0.0 points	

COURSE SEQUENCE REQUIREMENTS:

Students must successfully complete all nursing courses in sequence, per the ADN Program of Study, with an "S", "Satisfactory", "C" or 74% or higher within each semester in order to progress to the next semester. All courses required for graduation from the Nursing Program must be completed with a 2.0 or better. Students who are out of sequence are required to meet with their advisor immediately to determine options for program progression or if

dismissal and re-entry are required. Please review policies set forth in your NWC Nursing Program Student Handbook regarding safe, competent and professional practice. Violation of these policies will result in disciplinary action and may be grounds for dismissal from the nursing program.

ADA STATEMENT:

Northwest College is dedicated to removing barriers and opening access for students with disabilities in compliance with ADA and Section 504 of the Rehabilitation Act. It is the student's responsibility to make an appointment with the Disability Support Services (DSS) Coordinator to provide documentation of a disability (whether it is psychiatric, learning, mobility, health related, or sensory) and to inquire about accommodations for courses each semester. To contact the DSS Coordinator, call 754-6135 or stop by the Student Success Center located in the lower level of Colter Hall.

OFFENSIVE MATERIALS STATEMENT:

Nursing requires contact with the human body and body secretions. As a result, this course will contain information regarding these topics. The course may also contain explicit information on topics and issues such as nudity, sexuality, and elimination of body wastes (this is not an inclusive list).

STUDENT RIGHTS AND RESPONSIBILITIES:

Students are expected to review and comply with the student rights and responsibilities as outlined in the [NWC Student Handbook](#). For special policies directly related to the nursing program, refer to the [NWC ADN RN Student Handbook](#).

COMMUNITY SERVICE:

Community Service is a valued component of NWC mission and the Nursing Program's desire to be a part of the community we serve. **The Health Promotion course requires two (2) hours of community service.** Information regarding this component of your nursing education can be found in the [NWC ADN RN Student Handbook](#).

DISCLAIMER:

Changes to this syllabus or schedule may be necessary as this course progresses. When a need to change the schedule arises students will be informed via Moodle course email notification (student NWC student account) and the revised syllabus will be posted in Moodle.

Course Outcomes

(Course topics may not be presented in this order. Presentation sequence will be at the instructor's discretion).

Topic	Course outcome
Course Orientation	<ol style="list-style-type: none"> 1. Review student handbook 2. Syllabus Review 3. Clinical Schedule review 4. Research ways to identify Patient Safety Standards 5. Explore the QSEN website 6. Concept Mapping
Assessment	<ol style="list-style-type: none"> 1. Demonstrate age appropriate assessment techniques 2. Recognize ways to obtain vital signs and interpretation of data received
Caring Interventions & Decision Making	<ol style="list-style-type: none"> 1. Demonstrate use of each method of examination: inspection, palpation, percussion and auscultation. 2. Choose assessment tools as appropriate for client. 3. Discuss how clinical decision-making impacts quality client outcomes.
Care Planning & Communication	<ol style="list-style-type: none"> 1. Care planning – Identify the steps of the nursing process. 2. Describe various modes of communication and justify when a specific mode of communication may be most useful. 3. Describe barriers to effective communication. 4. Identify how communication affects the care plan process.
Healthcare Systems & Healthcare Policy Introduction to Pharmacology	<ol style="list-style-type: none"> 1. Identify how to access and review the ANA values and ethic statement. 2. Discusses the features of HMO, PPO, Medicare/Medicaid, and Private health insurance organizations. 3. Compares and contrasts organization commitment and professional commitment. 4. Access and explores the Wyoming State Board of Nursing website.
Wellness, Illness, and Mobility Introduction to Pharmacology	<ol style="list-style-type: none"> 1 Adheres to patient safety standards. 2. Recognizes ways to assess biological and psychosocial assessment. 3. Identifies the difference between health, wellness, and illness.
Medication Administration and Safety Introduction to Pharmacology	<ol style="list-style-type: none"> 1. Define the concepts of safety: standard precautions, transmission-based precautions and surgical asepsis. 2. Evaluate risks to safety within a given growth and developmental stage. 3. Summarize the purpose and contents of the National Patient Safety Goals. 4. Describe assessments needed to identify a patient’s physical, psychological and cognitive status as it relates to safety.

	<ol style="list-style-type: none"> 5. Discuss drug legislation in the United States. 6. Develop an understanding of basic principles of pharmacology, including mechanisms of drug action, adverse drug effects, and factors affecting drug action. 7. Discuss principles of medication administration, including an understanding of medication, orders, dosage calculations, and medication safety measures.
Drug Calculations	<ol style="list-style-type: none"> 1. Identifies the rights of medication administration. 2. Identifies the routes of medication administration. 3. Obtains patient information necessary to establish a medication history. 4. Uses the nursing process to safely administer medications.
Legal, Ethics, Advocacy & Spirituality	<ol style="list-style-type: none"> 1. Identifies the proper chain of command in nursing practice when presented with a legal, ethical, advocacy, or spiritual matter. 2. Discusses the importance of confidentiality (HIPAA) in healthcare. 3. Describes the nursing implications when a patient has an advanced directive or living will. 4. Defines the concept of spirituality. 5. Identifies commonly occurring alterations in spirituality and their related therapies.
Growth & Development and Family	<ol style="list-style-type: none"> 1. Summarizes the physiological and psychological factors that impact development. 2. Examines the relationship between development and other concepts or systems. 3. Differentiates common assessment procedures used to examine developmental health across the lifespan. 4. Compares and contrasts common independent and collaborative interventions for clients with alterations in development.
Reproduction	<ol style="list-style-type: none"> 1. Understand the general principles of pathophysiology of the reproduction cycle and its organs. 2. Demonstrate the nursing process in providing culturally competent and caring interventions across the lifespan for individuals during the reproduction period. 3. Apply knowledge of growth and development in the nursing process for health promotions during the reproductive process.
Reproduction & Sexuality	<ol style="list-style-type: none"> 1. Understand the general principles of sexuality as it relates to health promotion. 2. Discuss the impact of spirituality on global healthcare. 3. Differentiate common assessment procedures to examine reproduction and sexuality. 4. Explain management of spiritual health and prevention of spiritual illness.

Infection & Immunity	<ol style="list-style-type: none"> 1. Summarize the physiology of the immune system related to health promotion and prevention. 2. Examine the relationship between immunity, infection and other related concepts or systems. 3. Differentiate common assessment procedures used to examine immunity and infection across the lifespan. 4. Describe diagnostic and laboratory tests to determine the individual's immune system status and the presence of infection. 5. Apply principles of infection control in the healthcare system.
Fluid, Electrolyte, Nutrition & Elimination	<ol style="list-style-type: none"> 1. Identify variables that influence fluid & electrolyte balance, nutrition & elimination. 2. Describe nursing interventions that can prevent the development of fluid & electrolyte imbalances. 3. Describe nursing interventions that can promote nutrition and elimination needs of the client. 4. Describe the functions, regulation, sources, and losses of the main electrolytes of the body. 5. Summarize appropriate prevention screening tools to identify potential fluid, electrolyte, nutrition & elimination imbalances.
Holiday	Holiday
Oxygenation & Perfusion	<ol style="list-style-type: none"> 1. Describe the function and role of the respiratory and cardiovascular systems in oxygenation and perfusion. 2. Identify factors that affect respiratory and cardiovascular function. 3. Perform a respiratory and cardiovascular assessment using appropriate interview questions and physical assessment skills. 4. Describe age-related differences that influence oxygenation and perfusion. 5. Plan, implement, and evaluate nursing care related to oxygenation and perfusion.
Professionalism	<ol style="list-style-type: none"> 1. Discuss the importance of the teaching role of the nurse. 2. Discuss the impact of caring on individual healthcare. 3. Define the terms accountable, nurse licensure, neglect, and negligence. 4. Reflect on personal values and ethics related to the nursing profession.