

**Course Name:** Professional Nursing Care in Health Promotion

**Course Number:** NURS 1100

**Credit Hours:** 9 (4 didactic, 4 clinical, 1 testing & community service)

**Clinical Hours:** 180

**Semester:** Fall 2023  
August 23, 2023 – December 15, 2023

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### **COURSE DESCRIPTION**

This semester introduces the learner to the concepts of health promotion, safety, clinical judgment, leadership, patient centeredness, and professionalism. Health promotion includes learning about self-health and health in children, adults, older adults, and the family experiencing a normal pregnancy. Learners will value evidence about healthy lifestyle patterns and risk factors for disease and illness, apply growth and development theory, develop therapeutic relationships, conduct an age appropriate and culturally sensitive health assessment, and promote health using the nursing process and standards of professional nursing.

## PROGRAM AND COURSE OUTCOMES

Professional Nursing Care in Health Promotion: Semester One		
Core Curricular Concept	ADN End of Program Student Learning Outcomes: <i>Upon completion of this program the graduate will be expected to...</i>	End of Course Student Learning Outcomes
Safety	1. Provide safe nursing care within the healthcare system.	<ul style="list-style-type: none"> <li>• Adhere to safety standards when providing nursing care.</li> <li>• Explain the role of the nurse in supporting patient safety.</li> </ul>
Clinical Judgment	2. Incorporate prior knowledge, current research, and clinical experience in decision-making.	<ul style="list-style-type: none"> <li>• Begin to use the steps of the nursing process to provide care and promote health.</li> <li>• Identify the role of evidence and appropriate sources in guiding decision-making.</li> </ul>
Leadership	3. Demonstrate leadership skills as part of an interprofessional team to promote desired outcomes.	<ul style="list-style-type: none"> <li>• Identify the leadership role of the nurse in the healthcare system.</li> <li>• Recognize the role of the nurse in healthcare delivery.</li> </ul>
Patient Centeredness	4. Use effective communication and advocacy to provide individualized care.	<ul style="list-style-type: none"> <li>• Identify the influence of patient needs, values, and choices when individualizing care.</li> <li>• Recognize effective communication techniques used in establishing therapeutic relationships.</li> <li>• Explore the nurse's role in advocacy.</li> </ul>
Professionalism	5. Practice within the core values, principles, and standards of the nursing profession.	<ul style="list-style-type: none"> <li>• Identify the core values of professional nursing.</li> <li>• Identify the legal and ethical basis of nursing practice, including scope of practice.</li> </ul>
Health Promotion	6. Utilize the nursing process and a broad knowledge base to maximize health.	<ul style="list-style-type: none"> <li>• Utilize concepts of health promotion to educate patients across the lifespan.</li> </ul>

## INSTRUCTIONAL MATERIALS

MANDATORY		
Company	Resource	Subscription Length
Evolve Elsevier	Clinical Reasoning Cases in Nursing, 8th ed.	n/a - printed
Wolters Kluwer: Lippincott	Nursing Concepts, Standard: (Enhanced Versions)	24 months
	PrepU	
	Lippincott Advisor	
	Lippincott CoursePoint for Nursing Concepts	
	Brunner & Suddarth's Textbook of Medical-Surgical Nursing, 15th ed.	
	Karch's Focus on Nursing Pharmacology, 9th ed.	
	Ricci Maternity & Pediatric Nursing, 4th ed.	
	Taylor's Fundamentals of Nursing, 10th ed.	
	Videbeck's Psychiatric-Mental Health Nursing, 9th ed.	
	Porth's Essentials of Pathophysiology, 5th ed.	
Wolters Kluwer: Lippincott	DocuCare	12 months
Wolters Kluwer: Lippincott	vSim Maternity & Pediatric Next Gen	24 months
Wolters Kluwer: Lippincott	vSim Medical-Surgical Next Gen	24 months
Wolters Kluwer: Lippincott	vSim Medical-Surgical/Critical Care Next Gen	24 months
Wolters Kluwer: Lippincott	Bucholz: Henke's Med Math, 9th ed. Enhanced Experience	24 months
ATI	Assessment Technologies Institute Testing and Student Resources.	24 months

OPTIONAL		
Company	Resource	Subscription Length
Evolve Elsevier	Nursing Diagnosis Handbook, 13th ed.	n/a - printed

## METHODS OF INSTRUCTION

Students enrolled in this course will have 4 hours of didactic activities each week, 180 clinical hours, 5 community service hours, and weekly testing throughout the semester. The nursing program follows the NWC credit hour policy. Therefore, students can expect a minimum of eight hours of out-of-class student work each week for the lecture course portion of this course and more for clinical portion. Online/classroom lecture utilizing tools such as but not limited to PowerPoint slides, nursing skills practice lab, nursing skill demonstration, online discussion, ATI materials, audio-visual aids (such as vodcasting, podcasting, video/movies), CoursePoint, vSim, website resource investigation, online and classroom homework, group work, nursing skills, remediation, student nursing return demonstration of nursing skills, and case studies. This course includes many additional methods of instruction as well. These components include clinical experiences, lecture, lab, simulation, and other experiences that are integrated throughout this course. As such, students can expect a minimum of 10 out-of-class hours of student work for clinical and are required to maintain passing scores as outlined in the NWC ADN Nursing Student Handbook to continue progressing through this course and the nursing program.

## EVALUATION

### METHODS OF EVALUATION:

ATI FUNDAMENTALS FINAL EXAM (< Level 2 = 0% in Moodle)	20%
EXAMINATIONS: WEEKLY	30%
QUIZZES: POP QUIZZES, NON-PROCTORED QUIZZES/EXAMS	5%
HOMEWORK	10%
CLINICAL	35%

### GRADING SCALE:

A	95 - 100%	4.0 points
A-	90 - 94.99%	3.7 points
B+	87 - 89.99%	3.3 points
B	84 - 86.99%	3.0 points
B-	80 - 83.99%	2.7 points
C+	77 - 79.99%	2.3 points
C	74 - 76.99%	2.0 points
C-	71 - 73.99%	1.7 points
D+	68 - 70.99%	1.3 points
D	65 - 67.99%	1.0 points
D-	61 - 64.99%	0.7 points
F	Below 60.99%	0.0 point
U	Unsatisfactory	0.0 point
S	Satisfactory	0.0. point

Successful completion of this course necessitates the following:

- ✓ 'S' on the physical assessment checkoff.
- ✓ 'S' on the medication administration checkoff.
- ✓ 'S' on the indwelling catheter checkoff.
- ✓  $\geq 74\%$  on dosage calculation exam. Note: No rounding. A 73.99% will not be rounded to a 74%.
- ✓  $\geq 74\%$  on overall course grade. Note: No rounding. A 73.99% will not be rounded to a 74%.
- ✓  $\geq 74\%$  on clinical homework grade. Note: No rounding. A 73.99% will not be rounded to a 74%.
- ✓ 'S' on CET.

### MIDTERM AND FINAL EVALUATIONS:

Students will receive a report of their performance related to course outcomes at Midterm and at the conclusion of the NURS 1100 course. Students will be required to review and sign the evaluations. Students may provide comments on evaluation forms. Students not meeting a benchmark at midterm will be required to meet with instructor to discuss a plan for successful completion of the program. Students who are meeting benchmarks may request a meeting with the instructor.

### COURSE SEQUENCE REQUIREMENTS:

Students must successfully complete all courses in the ADN program of study in sequence, per the ADN Program of Study, with an "S", "Satisfactory", "C" or 74% or higher within each semester in order to progress to the next semester. **Final nursing course grades of 73.99% or below will not be considered a successful completion of the course and will result in dismissal from the program.** All courses required for graduation from the Nursing Program must be completed with a "C" 2.0 or better. **Students who are out of**

**sequence with ADN plan of study courses are required to meet with their advisor immediately. The faculty member is required to meet with the Nursing Program Director to determine options for program progression or if dismissal and re-entry are required.** The exception to this rule is Anatomy and Physiology II. If this course is not completed with a “C” or greater by the end of the first semester of the nursing program, the student will be dismissed.

## **ATTENDANCE, ASSIGNMENTS, & SKILL COMPONENTS**

This course adheres to the Nursing Student Handbook Policies regarding attendance, late class assignments, and skill components. Information on grading policies can be found in your Nursing Student handbook at this link: [NWC ADN Nursing Student Handbook](#)

### **ASSIGNMENTS:**

This course adheres to the Nursing Student handbook Policy regarding late class assignments. Late assignments are counterproductive to student learning. Due dates are consistent and posted at the beginning of each module and on the course calendar throughout the duration of the course. Therefore, in order to be eligible to receive full credit for assignments, the assignment must follow guidelines that were given for completing the assignment. **If any work is submitted late, contains multiple grammatical/spelling errors, or if the guidelines to complete the assignments were not followed, the instructor reserves the right to give the student a zero for the assignment. Late assignments will not be reviewed by faculty and will receive a “zero”.** Extenuating circumstances for late assignments may be considered on an individual basis. Please refer to the NWC ADN Nursing Student Handbook for additional information on homework and group assignment homework.

### **PHYSICAL & SENSORY REQUIREMENTS:**

All courses in the nursing program have physical and technical requirements. Please refer to the NWC ADN Nursing Student Handbook for specific requirements and policy for change in student’s ability to meet requirements.

### **SKILL DEMONSTRATION GRADING:**

Nursing skills are introduced throughout the Northwest College Nursing Program through lab experiences. Instructors will inform students of the procedure for skill evaluation and time allowed for completion. Time will be formally established for the students to practice skills and remediate with instructors. Informal skill practice in the lab may be scheduled through an instructor. Instructor or designee must be present with students if the lab is used for skills practice.

Skills checklists with critical areas indicated will be provided to students prior to skill demonstration.

Students cannot satisfactorily complete a skill demonstration if a critical (make or break) area is omitted. Instructor discretion will be used to determine ‘Satisfactory’ completion of a skill demonstration when multiple non-critical elements are omitted, the student is disorganized or not prepared, exceeds time limits and/or other patient safety concerns arise.

Students who do not achieve a ‘Satisfactory’ score upon completion of the skill on the first attempt must remediate and return for a second demonstration with a different instructor. The second demonstration will be evaluated in the same way as the first attempt. If, on the second demonstration, the student does not achieve ‘Satisfactory’ completion, a different instructor will evaluate the student’s third attempt, using the same process of evaluation. If, on the third attempt, the student does not ‘Satisfactorily’ complete the skill, the faculty member evaluating will confer with another faculty member to confirm unsatisfactory performance on the third attempt. If both instructors agree that the third attempt of the skill was unsuccessful, they will provide documentation of all three skill evaluation attempts to the Nursing Program Director for review. The suspension and progression policy will be followed, and the final determination related to dismissal will be made by the Director of Nursing.

### **Skill Demonstration Procedure**

1. Students will report for the skill demonstration wearing Northwest College student uniform and following other dress code requirements.
2. Students will arrive on time and prepared for the scheduled demonstration.
3. Instructor(s) will observe skill demonstration and evaluate students using the provided skills checklist.

### **COMPUTER REQUIREMENTS:**

Because of the blended nature of the Northwest College ADN Program coursework, it is essential that students have a properly functioning computer that has internet capabilities and Northwest College recommended minimum hardware requirements. Students are encouraged to access the [“Online Learning”](#) resources to facilitate computer readiness and Moodle LMS platform information. Students have multiple opportunities to utilize computer labs on campus and are provided with information relating to [request help](#) and gain access to the computer resources on campus. Students are responsible for maintaining proper function of student’s own

personal computer and are provided with information to trouble-shoot problems through [Northwest Computing Services](#). Electronic/computer failure of a personal nature does not exempt students from assignment due dates, course work requirements, or examination deadlines.

### COMMUNITY SERVICE:

Community Service is a valued component of the NWC mission and the Nursing Program's desire to be a part of the community we serve. **Therefore, community service is a required part of nursing coursework.** Five hours of community service will be required for satisfactory completion of this course. Each student will complete their community service with the appropriate documentation by the end of each semester. Failure to fulfill the community service expectation will result in an 'I/'Incomplete' final course grade. Once the community service time is complete, the grade will be converted to the earned grade in the course. **If the mutually agreed upon deadline is passed for the community service completion, the grade will convert to 'U,' Unsatisfactory, resulting in a failure to complete this course and progress in the program.**

### STUDENT USE OF TECHNOLOGY

Appropriate use of technology during class to enhance your learning experience is both encouraged and supported. However, the use of these resources must be appropriate for the classroom setting.

Appropriate Use of Technology: (not an exhaustive list)

- Tape Recordings of Lectures or Discussions (obtain instructor approval prior)
- Note Taking
- Use of Smartphones to Calendar Events/Assignment
- Video Recordings
- Zoom/Teams and other group work platforms

Inappropriate Use of Technology: (not an exhaustive list)

- Texting Your Friends or Reading Texts While in Class
- Sending or Reading Personal Emails, Surfing the Net for Non-Class Purposes
- Checking in with Facebook or other social media
- Shopping Online During Class
- Reading or Studying for Other Classes

All devices should be in silent mode while in class. Please recognize that your inappropriate use of devices can be very distracting for other students – be courteous. If inappropriate use of technology is noted, you may be requested to turn this technology off by either the instructor or your peers during class.

### EXAMINATION POLICY

All nursing final exams will be proctored. Exams and quizzes within each nursing course will be proctored at the discretion of the course instructor. Students are informed of testing times and room locations and are expected to follow the proctoring processes outlined by the nursing faculty, student success center staff, using the ATI guidelines. Students requiring accommodations for testing **must coordinate arrangements prior to testing time** with their nursing faculty member **and** the Student Success Center staff.

All ATI final exams are offered twice and calculated as 20% of the overall course grade. All other exams throughout the course are calculated as outlined in the course syllabus. Students who arrive late to an exam may not take the exam and will receive a score of zero. Students who miss an exam may not make up the exam and will receive a score of zero. Please refer to the NWC ADN Nursing Student Handbook for additional information on examinations and quizzes.

### DOSAGE CALCULATION EXAM:

Each semester, each student is required to successfully complete a dosage calculation exam with a 74% or higher. If unsuccessful, the student will have the opportunity to remediate and take the exam again, for a total of three times. If after the third attempt, the student is unsuccessful in achieving the 74% benchmark, the student may continue participation in the current coursework until the exams can be reviewed by other nursing faculty members and the Nursing Program Director. If the final grade is below 74% after the review, the student will be dismissed from the nursing program regardless of their nursing course grade average at the time.

### ATI FUNDAMENTALS FINAL EXAM:

The NWC Nursing Department utilizes the ATI Fundamentals assessment as required content that supplements the curriculum during this semester to assess progression in health promotion content over the semester. Each student will have the opportunity to take the ATI Fundamentals Version A and B exams to achieve their personal best. The highest score from version A or B will be used to calculate 20% of the overall course grade. The ATI Fundamentals final exam score will be converted into a pro-rated numerical scale that appropriately articulates with the grading scale used in the nursing program. Students who do not achieve a Level II proficiency on version A or B will receive a score of zero for their final exam grade.

If the student's final overall course average is 74% or higher (without rounding), yet the student's highest score on the ATI exam does not meet the Level II proficiency (<Level II = 0% in gradebook), the student will be permitted to progress to NURS1200. However, the student will be directed by the course instructor to bring the ATI focused review of the exam not meeting Level II proficiency level to the final course evaluation appointment. The instructor will assign the student focused activities to remediate on between the NURS1100 and NURS1200 semesters. The student will return the next semester with the completed focused activity assignment and make an appointment with the NURS1200 lead instructor to discuss remediation activities and make a plan of successful completion of NURS1200.

Instructor will assign remediation after ATI Fundamentals practice and proctored exams to encourage students achieve proficiency, Level II, on the ATI Fundamentals final exam version A or B.

Practice A & B Remediation:

- Major Content Area, Level 3 = 0 hours
- Major Content Area, Level 2 = 2 hours
- Major Content Area, Level 1 = 4 hours
- Major Content Area, < Level 1 = 6 hours
- Maximum Hours = 30 hours
- Due: Prior to Practice B and prior to Proctored Version A

Proctored Version A if Level II not achieved:

- Major Content Area, Level 3 = 0 hours
- Major Content Area, Level 2 = 2 hours
- Major Content Area, Level 1 = 4 hours
- Major Content Area, < Level 1 = 6 hours
- Maximum Hours = 24 hours
- Due: If Level II, W1 of NURS1200
- Due: If < Level II, prior to Version B

Proctored Version A if Version B not taken OR highest attempt between Version A and B:

- Major Content Area, Level 3 = 0 hours
- Major Content Area, Level 2 = 2 hours
- Major Content Area, Level 1 = 4 hours
- Major Content Area, < Level 1 = 6 hours
- Maximum Hours = no cap
- Due: W1 of NURS1200

## CLINICAL EXPERIENCE

Clinical experiences are integrated into each of the core nursing courses. Students are required to successfully obtain an average of 'S' on the CET and an overall average of 74% or above in the clinical portions of the NURS 1100, NURS 1200, NURS 2300, NURS 2400 course by the end of each semester **in order to progress to the next semester** and remain in the program. If a student is unable to successfully meet the clinical outcomes as evidenced by a clinical homework grade average of below 74% or 'U' Unsatisfactory average clinical grade on CETs within their current core nursing coursework, regardless of the didactic coursework grade, and will be dismissed from the program. Please refer to the NWC ADN Nursing Student Handbook and the clinical schedule for additional information on clinical experiences.

### FORMS OF CLINICAL EXPERIENCE:

- I. Participatory Clinical Experiences: Students may perform hands-on patient care and nursing care/skills under the direct supervision and assistance of Northwest College nursing faculty members. Participatory clinical ratio will not exceed 1:8. The clinical evaluation tool, clinical homework assignments, and clinical behavior assessment will be used to grade participatory clinical experiences.

- II. Ancillary Clinical Experiences: Ancillary experiences are active observation. Students will receive guidelines from the instructor specific to each experience and the student's focus will be directed toward the objectives that must be completed. Students' hands-on participation is limited to CNA skills and scope of practice. If the student gives medication or performs a skill outside of the CNA scope in an ancillary clinical setting (excluding skills allowed in item III: OB, ER, and OR) the student will be immediately suspended from clinical experiences and pending investigation, may result in possible dismissal. 'Ancillary Feedback' forms will be used in conjunction with written outcomes assignments (per course syllabus to evaluate ancillary experiences. Students are expected to obtain all 'Y' on 'Ancillary Feedback' forms. Students attaining 'N' on the 'Ancillary Feedback' form will be addressed per the 'As Needed Evaluation' protocol. For questions regarding written outcomes assignments, please refer to the following instructors:
- a. Wound Care – Jessica Heny
  - b. School Nurse – Jessica Heny
  - c. Child Care – Jessica Heny
  - d. Public Health – Davette Frey
  - e. Primary Care – Davette Frey
  - f. Community Service – Davette Frey
- III. Skill Lab/SIM Experiences: Students perform skills demonstrations and engage in simulation experiences with simulators and virtual reality scenarios, alongside the Northwest College nursing faculty. Multiple modalities of assessment are used to evaluate students in simulation. This includes, but is not limited to, the following: 1) vSim for Nursing – completion of pre- and post-simulation quizzes, the simulation, and SBAR reporting. Students also are required to complete relevant pharmacological, discharge, and concept map worksheets. 2) The students engaged in the simulation will be debriefed by the instructor using the Debriefing with Good Judgment model flowing through the 3 common phases of the debriefing process. 3) Standardized skills checklists are used to evaluate any skills that are checked off during simulation or skill labs.

#### **CLINICAL/LAB/SIM GRADING:**

Students will be evaluated using a progressive clinical evaluation tool, clinical homework assignments, and clinical behavior assessment that demonstrate clinical growth from program beginning to end. Students are expected to utilize skills and knowledge gained from previous semesters and experiences.

Objectives for individual clinical/lab/SIM experience, as well as any other coursework requirements are outlined in each course syllabus. Clinical/lab/SIM grades will be entered into course gradebook and are weighted per course syllabus. Students receiving an 'U' Unsatisfactory CET grade will be required to make up the clinical experience. Students with an overall clinical grade of below 74% or a CET average of 'U' Unsatisfactory will not progress to the next semester and be dismissed from the program regardless of the didactic course grade.

Other forms of evaluation may include Nurse Preceptor feedback, Ancillary Staff feedback, written outcomes grading.

#### **CLINICAL SKILLS:**

Skills may only be performed alongside a Northwest College nursing instructor, or while operating within the parameters of Active Observation, ER and OR experiences, or preceptor guided clinical experience guidelines in the handbook. **Students will never administer any form of medication, via any route, to any patient without the presence of a Northwest College nursing instructor or in their fourth semester alongside their assigned nurse preceptor, as outlined by the preceptor-guided clinical experiences.** Administering medications outside the parameters as outlined in the nursing student handbook constitutes practicing without a license and will result in suspension, an investigation, and possible dismissal proceedings.

**Students are responsible for their own actions and are accountable to the parameters for skill performance and medication administration. If there is a question, it is the student's responsibility to ask before you act. If in doubt about whether it is okay to give medications or practice a skill, the answer is 'no' until you receive confirmation from your nursing instructor.**

Skills documentation provides a means of tracking skills performed by the student which have been observed by Northwest College nursing faculty or designated nurse. Students are responsible for obtaining instructor or observing nursing signatures on the Skills Log.

#### **CLINICAL COMPLIANCE REQUIREMENTS:**

As a provision of the clinical education contract with the clinical facilities, current immunization documentation, skill certifications, and documentation of other clinical facility requirements are mandatory for the duration of the program. A current list of requirements is maintained in Castle Branch Compliance Tracking. Students must establish an account with Castle Branch as part of the entrance process and can view and update clinical requirements and program requirements through Castle Branch for the duration of the

program. Students who allow their immunizations, certifications, or other facility requirement documentation to expire while in the program will be suspended from clinical experiences until they are in-compliance within the Castle Branch tracker. Missed clinical days follow the absence policy. These absences will be counted as unexcused and need to be made up. Please refer to the NWC ADN Nursing Student Handbook regarding the COVID-19 vaccination requirement.

### **TRAVEL REQUIREMENTS:**

To meet the clinical expectations for this course, travel throughout the Big Horn Basin is mandatory. It is expected that the student will make appropriate arrangements for transportation, lodging, and other personal accommodations as needed to meet this clinical expectation.

### **OFFENSIVE MATERIALS**

Nursing requires contact with the human body and body secretions. As a result, this course will contain information about these topics. The course may also contain explicit information on topics and issues such as nudity, sexuality, and elimination of body waste (this is not an inclusive list).

### **NWC INFORMATION**

This [Universal Syllabus Information](#) is intended to provide you with quick access to support services and important policies. Please be sure that you review this closely.

### **NURSING STUDENT HANDBOOK**

This [Nursing Program Student Handbook](#) is intended to supplement the policies, rules, and regulations applicable to students attending NWC and as provided for in the Northwest College Student Handbook. Differences exist between the Northwest College Student Handbook and the Nursing Student Handbook and relate to National and State Standards of Practice, hospital/facility policies and public safety. The provisions set forth in this handbook shall supersede previous versions of the NWC Nursing Student Handbook and the NWC Student Handbook.

Northwest College and the Nursing Department reserve the right to change without notice any of the material, information, requirements, regulations, or costs published in this handbook. In the event that revisions or additions to the Nursing Handbook are required, they become effective immediately and students are notified in verbal and written form in a timely manner.

It is the student's responsibility to carefully read the entire Nursing Handbook and comply with all policies and handbook procedures. Students are required to sign a statement acknowledging receipt and agreement with the content found in this Handbook. Students are responsible for keeping their Nursing Handbook updated.

### **SYLLABUS AMMENDMENTS**

The instructor reserves the right to amend the syllabus during the course if the instructor perceives such amendments would be conducive to student learning. The instructor will notify the student in writing of any changes.



Week 08FR - 08FR	Concept(s) Exemplars	Recommended Resources	Supportive Learning Assignments (Note: Subject to change, please follow directions in Moodle course)	Lab	Exam	Weekly SLO	Course SLO
<p>W1: JH 8/23-8/25</p> <p>M: n/a W: 8/23 F: 8/25 no exam</p>	<p>Start W1, Due W2 Concept: Safety</p> <ul style="list-style-type: none"> <li>○ Hand Hygiene</li> <li>○ Patient Safety</li> <li>○ Environmental Safety</li> <li>○ Nurse Safety</li> <li>○ National Patient Safety Goals</li> <li>○ QSEN</li> <li>○ Precautions &amp; PPE (brief, covered in-depth W5)</li> <li>○ Dosage Calculation</li> <li>○ Error Prevention</li> <li>○ Introduction to Medication Administration</li> <li>○ Standardized Procedures</li> <li>○ Seclusion &amp; Restraints</li> </ul> <p>Concept: Mobility &amp; Lifts (Mobility is covered more in-depth in W6)</p> <ul style="list-style-type: none"> <li>○ Mobility Aids</li> <li>○ Gait Belts</li> <li>○ Mechanical Lifts</li> <li>○ Fall Prevention</li> <li>○ Patient Safety</li> </ul> <p>Dosage Calculation</p> <ul style="list-style-type: none"> <li>○ DC: Basic Math</li> <li>○ DC: Safety in Med Admin</li> <li>○ DC: Systems of Measurement</li> <li>○ DC: Linear Ratio &amp; Proportion</li> <li>○ DC: Fractional Ratio &amp; Proportion</li> </ul>			<p>W1 Lab:</p> <ul style="list-style-type: none"> <li>○ Th: 8/24, Mobility, Lift, Safety (JH)</li> </ul> <p>W2 ADL Lab Prep:</p> <ul style="list-style-type: none"> <li>○ ATI Skills Module 3.0: ADLs</li> </ul> <p>W2 Physical Assessment Lab Prep:</p> <ul style="list-style-type: none"> <li>○ ATI Skills Module 3.0: Physical Assessment of Adult</li> </ul>	<p>W1 Exam:</p> <ul style="list-style-type: none"> <li>○ No unit exam.</li> </ul>		
<p>W2: JH 8/25-9/1</p> <p>M: 8/28 W: 8/30 F: LD Holiday</p>	<p>Concept: Caring Interventions</p> <ul style="list-style-type: none"> <li>○ Nursing Theories of Caring</li> <li>○ Caring Encounters &amp; Holistic Nursing</li> <li>○ ADLs</li> </ul> <p>Concept: Cognition</p> <ul style="list-style-type: none"> <li>○ Assessment of Cognition</li> </ul>			<p>W2 Lab:</p> <ul style="list-style-type: none"> <li>○ Tu: 8/29, ADLs (DF)</li> <li>○ Th: 8/31, PA1 (JH)</li> </ul>	<p>W2 Exam:</p> <ul style="list-style-type: none"> <li>○ Non-proctored unit exam.</li> </ul>		

	<ul style="list-style-type: none"> <li>○ Expected Findings of Cognition</li> <li>○ Alzheimer's Disease</li> <li>○ Lifespan Considerations</li> </ul> <p>Concept: Physical Assessment of Adult</p> <ul style="list-style-type: none"> <li>○ Vital Signs</li> <li>○ Physical Assessment of the Adult Client</li> <li>○ Age-Appropriate Assessment</li> </ul>						
<p>W3: DF 9/1-9/8</p> <p>M: LD holiday W: 9/6 F: 9/8 exam</p>	<p>Concept: Communication</p> <ul style="list-style-type: none"> <li>○ Open &amp; Closed Communication Techniques</li> <li>○ Therapeutic &amp; Non-Therapeutic Communication Techniques</li> <li>○ Organizational Communication</li> <li>○ Documentation</li> <li>○ Handoff/Reporting</li> </ul> <ul style="list-style-type: none"> <li>○ SBAR</li> <li>○ Care Planning</li> <li>○ SOAP Notes</li> </ul> <p>Concept: Clinical Decision Making</p> <ul style="list-style-type: none"> <li>○ The Nursing Process</li> <li>○ Prioritizing Care</li> <li>○ Nursing Plan of Care</li> <li>○ Patient-Centered Care</li> <li>○ Patient Preferences, Needs &amp; Values</li> </ul> <p>Dosage Calculation</p> <ul style="list-style-type: none"> <li>○ DC: Dimensional Analysis</li> <li>○ DC: Formula Method</li> <li>○ DC: Calculating Oral Medications</li> </ul>			<p>W3 Lab:</p> <ul style="list-style-type: none"> <li>○ Th: 9/7, PA2 (JH)</li> </ul>	<p>W3 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		
<p>W4: JH 9/8-9/15</p> <p>M: 9/11 W: 9/13 F: 9/15 exam</p>	<p>Concept: Professional Behaviors</p> <ul style="list-style-type: none"> <li>○ WSBN Zoom</li> <li>○ Ethics</li> <li>○ Advocacy</li> <li>○ Professional Communication</li> <li>○ Accountability</li> </ul>			<p>W4 Lab:</p> <ul style="list-style-type: none"> <li>○ Tu: 9/12, PA CO A1 (DF&amp;JH)</li> </ul>	<p>W4 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		

	<ul style="list-style-type: none"> <li>○ Role of Nurse</li> <li>○ Scope &amp; Standards of Practice</li> <li>○ Nurse Practice Act</li> <li>○ Delegation</li> <li>○ Interdisciplinary Team &amp; Collaboration</li> <li>○ Leadership</li> <li>○ Informatics</li> <li>○ Critical Pathways</li> <li>○ Electronic Medical Record</li> <li>○ Reliable Internet Resources</li> <li>○ Evidence-Based Practice</li> </ul> <p>Dosage Calculation</p> <ul style="list-style-type: none"> <li>○ DC: Syringes &amp; Needles</li> <li>○ DC: Calculating Parenteral Medication Dosage</li> <li>○ DC: Preparing Powdered Parenteral Medications</li> <li>○ DC: Administering Insulin</li> </ul>						
<p>W5: JH 9/15- 9/22</p> <p>M: 9/18 W: 9/20 F: 9/22 exam</p>	<p>Concept: Immunity</p> <ul style="list-style-type: none"> <li>○ Immune System Function and Assessment</li> <li>○ Promotion of a Healthy Immune System</li> <li>○ Introduction to Immunizations</li> </ul> <p>Concept: Infection</p> <ul style="list-style-type: none"> <li>○ Assessment Findings</li> <li>○ Precautions &amp; PPE (in-depth)</li> <li>○ Clostridium Difficile</li> </ul> <p>Dosage Calculation</p> <ul style="list-style-type: none"> <li>○ DC: Verifying Safe Dosage</li> <li>○ DC: Calculating I&amp;O</li> <li>○ DC: Calculating for Special Populations</li> </ul>			<p>W5 Lab:</p> <ul style="list-style-type: none"> <li>○ W: 9/20, PA CO A2 (JT)</li> </ul> <p>W6 Med Admin Lab Prep:</p> <ul style="list-style-type: none"> <li>○ ATI Skills Module 3.0: Medication Administration</li> </ul>	<p>W5 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		
<p>W6: DF 9/22- 9/29</p>	<p>Concept: Health &amp; Illness</p>			<p>W6 Lab:</p> <ul style="list-style-type: none"> <li>○ Th: 9/28, MA 1 (JH)</li> </ul>	<p>W6 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		

<p>M: 9/25 W: 9/27 F: 9/29 exam</p>	<ul style="list-style-type: none"> <li>○ Physical Fitness &amp; Exercise</li> <li>○ Health Screening</li> <li>○ Health Promotion</li> <li>○ Healthy People 2030 Initiatives</li> <li>○ Normal Sleep-Rest Patterns</li> <li>○ Oral Health</li> <li>○ Lifespan Considerations &amp; Screening</li> <li>Concept: Injury</li> <li>○ Injury Prevention</li> <li>○ Risky Behaviors</li> <li>○ Lifespan Considerations</li> <li>Concept: Mobility</li> <li>○ Musculoskeletal Assessment</li> <li>○ Back Problems</li> <li>○ Body Mechanics</li> <li>○ Assistive Devices</li> </ul>			<p>W7 Skills Fair Lab Prep: Tissue Integrity:</p> <ul style="list-style-type: none"> <li>○ ATI Skills Module 3.0: Wound Care</li> </ul>			
<p>W7: DF 9/29-10/6</p> <p>M: 10/2 W: 10/4 F: 10/6 exam</p>	<p>Concept: Self</p> <ul style="list-style-type: none"> <li>○ Self-Assessment &amp; Expected Findings</li> <li>○ Self-Awareness</li> <li>○ Anorexia Nervosa</li> <li>○ Bulimia</li> </ul> <p>Concept: Spirituality</p> <ul style="list-style-type: none"> <li>○ Religion</li> <li>○ Spiritual Distress</li> <li>○ Spiritual Well-Being</li> <li>○ Spiritual Assessment</li> <li>○ Impact of Spirituality on Wellness</li> </ul> <p>Concept: Mood &amp; Affect</p> <ul style="list-style-type: none"> <li>○ Assessment of Mood &amp; Affect</li> <li>○ Depression</li> <li>○ Suicide</li> </ul>			<p>W7 Lab:</p> <ul style="list-style-type: none"> <li>○ Tu: 10/3, MA 2 (JH)</li> <li>○ Th, 10/5, SF P2P (BC, JH, JT, JC)</li> <li>○ SF: Developmental Milestones</li> <li>○ SF: Contact Dermatitis</li> <li>○ SF: Incontinence</li> <li>○ SF: Pressure Ulcers</li> <li>○ SF: Wound Healing</li> <li>○ SF: Basic Wound Care</li> <li>○ SF: Screening Skin Lesions</li> <li>○ SF: Wound Evisceration</li> <li>○ SF: Lifespan Considerations</li> </ul>	<p>W7 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		
<p>W8: DF 10/6-10/13</p> <p>M: 10/9 W: 10/11 F: Fall Recess</p>	<p>Concept: Stress &amp; Coping</p> <ul style="list-style-type: none"> <li>○ Assessment of Stress &amp; Coping</li> <li>○ Healthy Coping</li> <li>○ Assessment of Anxiety &amp; Depression</li> <li>○ Pharmacological &amp; Non-Pharmacological Interventions for</li> </ul>			<p>W8 Lab:</p> <ul style="list-style-type: none"> <li>○ Tu: 10/10, MA CO A1 (JH&amp;DF)</li> </ul> <p>W9 Indwelling Catheter &amp; Sterile Technique Lab Prep:</p> <ul style="list-style-type: none"> <li>○ ATI Skills Module 3.0: Surgical Asepsis</li> <li>○ ATI Skills Module 3.0: Indwelling Catheter</li> </ul>	<p>W8 Exam:</p> <ul style="list-style-type: none"> <li>○ Non-proctored unit exam.</li> </ul>		

	Depression & Anxiety Concept: Grief & Loss <ul style="list-style-type: none"> <li>○ The Grieving Process</li> <li>○ Assessment of Grief &amp; Loss</li> </ul>					
W9: DF 10/13-10/20  M: Fall Recess W: 10/18 F: 10/20 DC Exam	Concept: Nutrition <ul style="list-style-type: none"> <li>○ Nutrition Assessment</li> <li>○ Promotion of Healthy Nutrition</li> <li>○ Excessive Nutrition</li> <li>○ Obesity</li> <li>○ Dysphagia</li> <li>○ Prescribed Diets</li> <li>○ Lifespan Considerations</li> </ul> Concept: Digestion <ul style="list-style-type: none"> <li>○ Assessment of Digestion and Normal Findings</li> <li>○ Promotion of Health Digestion</li> <li>○ Gastroesophageal Reflux Disease</li> <li>○ Lifespan Considerations</li> </ul> Concept: Elimination <ul style="list-style-type: none"> <li>○ Assessment of Elimination &amp; Normal Findings</li> <li>○ Promotion of Elimination (bowel &amp; urinary)</li> <li>○ Bowel Incontinence</li> <li>○ Constipation</li> <li>○ Diarrhea</li> <li>○ Urinary Incontinence</li> <li>○ UTI</li> <li>○ Urinary Catheters, CAUTI</li> <li>○ Lifespan Considerations</li> </ul> Concept: Fluids & Electrolytes <ul style="list-style-type: none"> <li>○ Assessment of Fluid &amp; Electrolyte Balance</li> <li>○ I&amp;O Assessment</li> <li>○ Expected Electrolyte Values, Basic Lab Findings (Acid-Base Balance)</li> </ul>			W9 Lab: <ul style="list-style-type: none"> <li>○ W: 10/18, MA CO A2 (JT)</li> <li>○ Th: 10/19, Cath (DF)</li> </ul>	W9 Exam: <ul style="list-style-type: none"> <li>○ Proctored Dosage Calculation exam.</li> <li>○ Non-proctored unit exam.</li> </ul>	

	<ul style="list-style-type: none"> <li>○ Dehydration</li> </ul>						
<p>W10: JH 10/20-10/27</p> <p>M: 10/23 W: 10/25 F: 10/27 exam</p>	<p>Concept: Family</p> <ul style="list-style-type: none"> <li>○ Role of the Family</li> <li>○ Family Health</li> <li>○ Family Counseling</li> <li>○ Community Health Resources</li> </ul> <p>Concept: Growth &amp; Development</p> <ul style="list-style-type: none"> <li>○ Expected Developmental Stages of Children</li> <li>○ Expected Developmental Stages of Adults</li> <li>○ Newborn Thermoregulation</li> <li>○ Sudden Infant Death Syndrome (SIDS)</li> <li>○ Newborn Assessment Considerations</li> <li>○ Pediatric Assessment Considerations</li> <li>○ Geriatric Assessment Considerations</li> </ul>				<p>W10 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		
<p>W11: JH 10/27-11/3</p> <p>M: 10/30 W: 11/1 F: 11/3 exam</p>	<p>Concept: Reproduction &amp; Sexuality</p> <ul style="list-style-type: none"> <li>○ Normal Reproduction</li> <li>○ Breast Self-Examination</li> <li>○ Testicular Self-Examination</li> <li>○ Responsible Sexual Behavior</li> <li>○ Fertility</li> <li>○ Family Planning</li> <li>○ Preconception Counseling</li> <li>○ Prenatal Resources</li> <li>○ Prepartum, Intrapartum, and Postpartum Care</li> <li>○ Uncomplicated Labor and Delivery</li> <li>○ Menopause</li> </ul>			<p>OB/Pediatrics (include fertility, normal reproduction, uncomplicated labor &amp; delivery, prepartum, antepartum, postpartum care of mother and baby, pediatric assessment)</p> <ul style="list-style-type: none"> <li>○ 1<sup>st</sup> group 11/2 (JH)</li> <li>○ 2<sup>nd</sup> group 11/28 (JH)</li> </ul>	<p>W11 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		
<p>W12: DF 11/3-11/10</p> <p>M: 11/6 W: 11/8</p>	<p>Concept: Culture &amp; Diversity</p> <ul style="list-style-type: none"> <li>○ Culture</li> <li>○ Vulnerable/Margin alized Populations</li> </ul>			<p>W12 Lab:</p> <ul style="list-style-type: none"> <li>○ Th: 11/9, Cath CO A1 (DF&amp; JT)</li> </ul>	<p>W12 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		

<p>F: 11/10 exam</p>	<ul style="list-style-type: none"> <li>○ Cultural Competence</li> <li>○ Nursing Across the Lifespan</li> <li>○ Race/Ethnicity</li> </ul> <p>Concept: Comfort</p> <ul style="list-style-type: none"> <li>○ Acute Pain</li> <li>○ Chronic Pain</li> <li>○ Neuropathic Pain</li> <li>○ Performing a Comprehensive Pain Assessment</li> <li>○ Pharmacological &amp; Nonpharmacological Pain Management</li> <li>○ Lifespan Considerations</li> <li>○ Fatigue</li> <li>○ Sleep-Rest Disorders (promotion is covered in W6)</li> <li>○ Nausea</li> <li>○ Emotional Support</li> </ul>						
<p>W13: DF 11/10-11/17</p> <p>M: 11/13 W: 11/15 F: 11/17 no exam</p>	<p>Concept: Perfusion</p> <ul style="list-style-type: none"> <li>○ Assessment of Normal Findings</li> <li>○ Promotion of Adequate Perfusion, Cardiovascular Health</li> <li>○ Cardiopulmonary Function</li> </ul>			<p>W13 Lab:</p> <ul style="list-style-type: none"> <li>○ W: 11/15, Cath CO A2 (JH)</li> </ul>	<p>W13 Exam:</p> <ul style="list-style-type: none"> <li>○ Non-proctored unit exam.</li> </ul>		
<p>W14: DF 11/17-11/24</p> <p>M: 11/20 W: Thanksgiving F: Thanksgiving</p>	<p>Concept: Oxygenation</p> <ul style="list-style-type: none"> <li>○ Assessment of Normal Findings</li> <li>○ Promotion of Adequate Oxygenation &amp; Pulmonary Health</li> <li>○ Health Promotion of Atelectasis</li> <li>○ Health Promotion of Asthma</li> <li>○ Health Promotion of COPD</li> </ul>				<p>W14 Exam:</p> <ul style="list-style-type: none"> <li>○ Non-proctored unit exam (due 11/22 0800)</li> </ul>		
<p>W15: JH 11/24-12/1</p> <p>M: 11/27 W: 11/29 F: 12/1 exam</p>	<p>Concept: Healthcare Policy</p> <ul style="list-style-type: none"> <li>○ American Nurses Association</li> <li>○ HMO, PPO, Medicare/Medicaid, Private Insurance</li> </ul>				<p>W15 Exam:</p> <ul style="list-style-type: none"> <li>○ Proctored unit exam.</li> </ul>		

	<ul style="list-style-type: none"> <li>○ HCAHPS Patient Care Surveys</li> <li>○ The Joint Commission</li> <li>○ Centers for Medicare and Medicaid (CMS)</li> </ul> <p>Concept: Legal Considerations</p> <ul style="list-style-type: none"> <li>○ Health Insurance Portability and Accountability Act (HIPAA)</li> <li>○ Patient Rights/Informed Consent</li> <li>○ Patient Self-determination Act/Advanced Directives</li> </ul>						
<p>W16: DF 12/1-12/8</p> <p>M: 12/4 W: 12/6 F: 12/8 ATI Fundamentals A1</p>	Exam Prep				<p>ATI Fund. A1</p> <ul style="list-style-type: none"> <li>○ 12/8</li> <li>○ 0800</li> </ul>		
<p>W17: JH 12/8-12/15</p> <p>M: 12/11 W: 12/13 0730, ATI Fundamentals A2 or Alternate Activity F: no exam</p>	Exam Prep				<p>ATI Fund. A2</p> <ul style="list-style-type: none"> <li>○ 12/13</li> <li>○ 0730</li> </ul>		