

**NRST 1510  
Nurse Assistant**

**SYLLABUS**

**Credit Hours:** 4 credits

Required Textbook: : **Carter: Lippincott Textbook for Nursing Assistants: A Humanistic Approach to Caregiving, Sixth Edition**

**ISBN: 978-1-9752-1877-5**

**This is for e-book access. You will not need a physical book as this will give you the quizzes and online assignments see the directions below.**

1. If you don't already have access to Lippincott CoursePoint for Carter: Lippincott Essentials for Nursing Assistants: A Humanistic Approach to Caregiving, Sixth Edition., redeem your **ACCESS CODE** and complete registration at <http://thePoint.lww.com/activate>.
2. Once you have redeemed your Access Code and are logged in to thePoint, from the "**My Content**" page, click **Launch CoursePoint** for Lippincott CoursePoint for Carter: Lippincott Essentials for Nursing Assistants: A Humanistic Approach to Caregiving, Sixth Edition..
3. On the content homepage, select "Join a Class", enter your **CLASS CODE: See moodle**, and click "Join this Class"

If you experience any problems, check the code again and re-enter it. If it does not work, contact Lippincott Online Product Support at

1-800-468-1128 or [techsupp@lww.com](mailto:techsupp@lww.com) for assistance.

**Goal:** The goal of this course is to provide the student with the knowledge and skills necessary to perform safe client / resident care within the legal and ethical boundaries of the role of the certified nursing assistant.

**Course Description:** This course is designed to provide the student with the basic theory, principles, and skills necessary to provide basic client / resident care in the healthcare setting. The student will be introduced to medical terminology as well as the role of the nursing assistant in Long Term Care (LTC). The student will be made aware of how State and Federal laws as well as policies and procedures of the institution govern the practice of the nursing assistant. Special emphasis is placed on the role of the nursing assistant in meeting the physical, psychosocial, mental, spiritual, and cultural needs of the client / resident.

**Licensure Disclosure:** After completing this course, the student will be eligible to sit for the CNA exam in Wyoming. Upon licensure, the graduate can practice as a CNA in Wyoming. For exam by licensure or endorsement licensure in other states, please see Wyoming State Board of Nursing or the state that you would like an endorsement in and the appropriate state regulatory agency for more eligibility information.

**Distance Disclosure:** The Northwest College CNA courses consist of online coursework, face-to-face labs in the NWC service area (Park County, Big Horn County, and Washakie County). (See Moodle or talk with your instructor regarding this), and face-to-face long-term care clinical experiences in the NWC service area (Park County, Big Horn County, and Washakie County). Students in the CNA course must be willing and able to drive to the NWC Nursing lab in the NWC service area (Park County, Big Horn County, and Washakie County), and the designated clinical locations within the NWC service area to physically participate as the clinical schedule directs for the course duration.

**Learning Outcomes:** After this class, the student will be able to:

1. Function in an entry level nursing assistant position.
2. State, in writing, the principles of basic nursing practice as presented in class.
3. Perform selected procedures according to identified criteria as presented in class.
4. Administer direct client / resident care in a safe and prudent manner.
5. Utilize beginning communication skills to interact with clients /residents /families, and members of the healthcare team
6. Identify, spell, and use correct medical terminology and medical abbreviations specified in the course.
7. Demonstrate beginning observation and documenting skills to report and record assessment of the client / resident's health, physical status, and well-being.
8. Demonstrate knowledge of the client / resident's rights under the law and the ways in which these rights may be violated.
9. Identify legal issues associated with the role of the nursing assistant as derived from the Nursing Practice Act, Omnibus Bill, and institutional policies and procedures.
10. Apply guidelines from the code of ethics in observation of actions in health-related situations.

**Instructor:** Joneen Costigan, MSN, RN  
**Office:** Yellowstone Building YB 140  
**Office hours:** by appointment  
**Cell phone:** (307) 254-3464  
**E-mail address:** Joneen.costigan@nwc.edu

**Prerequisite:** Must be 16 years or older

**METHODS OF INSTRUCTION:**

- Lecture
- Discussion
- Group Work
- Demonstrations
- Return Demonstrations
- Chapter Review Questions
- Clinical Experiences
- Face-to-Face Lab
- Online Textbook Resources
- Links to Websites

- Audio-Visual Presentations

## **EVALUATION OF ACHIEVEMENT OF LEARNING OUTCOMES:**

An overall grade of 74% or better must be obtained on quizzes, homework and the final exam to pass the course. After satisfactorily completing this course, the student will be eligible to take the nursing assistant certification exam and will receive instructions on the application process. In addition, if you are not passing this course with a 74% or higher by the time you attend clinical, you will not be allowed to attend clinical.

You must have a 74% average or above in your coursework **and** an “S” (satisfactory) skill evaluation in lab **and** an “S” (satisfactory) clinical grade to successfully complete this course.

The "S" (satisfactory) is derived from the lab/clinical feedback tools, facility staff input/feedback, and observation/feedback from your instructor. The % grade is derived from the scale as noted in this syllabus. You need to attend all labs before the clinical days. You need to know the skills prior to having this experience. If you are unable to attend the lab days you will need to see if there is a make up day so that you don't miss the clinical time. This will be at the availability and discretion of the instructor

## **METHODS OF EVALUATION:**

|                                             |     |
|---------------------------------------------|-----|
| • Textbook Assignments / Moodle assignments | 30% |
| • Non-Proctored Final Examination           | 10% |
| • Clinical                                  | 30% |
| • Lab                                       | 30% |

## **GRADING SCALE:**

|          |                  |                   |
|----------|------------------|-------------------|
| A        | = 95-100%        | 4.0 points        |
| A-       | = 90-94%         | 3.7 points        |
| B+       | = 87-89%         | 3.3 points        |
| B        | = 84-86%         | 3.0 points        |
| B-       | = 80-83%         | 2.7 points        |
| C+       | = 77-79%         | 2.3 points        |
| <b>C</b> | <b>= 74-76%</b>  | <b>2.0 points</b> |
| C-       | = 70-73%         | 1.7 points        |
| D+       | = 67-69%         | 1.3 points        |
| D        | = 64-66%         | 1.0 points        |
| D-       | = 60-63%         | 0.7 points        |
| F        | = below 60%      | 0.0 points        |
| S        | = Satisfactory   | 0.0 points        |
| U        | = Unsatisfactory | 0.0 points        |
| W        | = Withdrawn      | 0.0 points        |

## **LATE ASSIGNMENTS:**

Late assignments or Missed Assignments will **not** be accepted unless prior arrangements have been made.

## **EXAMINATIONS / QUIZ POLICY:**

Unless otherwise noted in the Moodle course room, quizzes are online and can be taken between Wednesday at midnight till Tuesday at 11:55 p.m. Quizzes are to be done as an individual. Any deviation from this is a violation of the Academic Honesty policy of NWC and will be handled according to the policy.

### **HOMEWORK:**

I will assign homework each week based on that week's learning material. Homework is due by the end of the week, Tuesday at 11:55 p.m. To get full credit, homework needs to be mostly free of spelling and grammar errors. Students need to put their name on each document turned in. There will be more specific instructions for each assignment with each week's assignment description. All homework must be submitted electronically and attached as a document in each homework area, unless otherwise instructed.

Late assignments are counterproductive to your learning and will not be accepted. Due dates are consistent and posted at the beginning of each module throughout the duration of the course.

### **LAB REQUIREMENTS:**

As part of this lab/"lecture" course, nursing skill demonstrations will be provided and the students will have an opportunity to practice these skills in a lab setting. Skill performance evaluations will be conducted on each student to determine skill proficiency and are graded as Satisfactory/Unsatisfactory. All Skills must be performed satisfactorily before the student will be allowed to progress in the course and perform this skill in clinical.

### **LAB SUPPLIES NEEDED:**

Casual attire is acceptable within the laboratory setting. (Please dress appropriately; closed toe shoes is a must). You will also need a watch with a second hand. A kit containing other necessary supplies is provided at your first lab and is covered by your course fees.

### **LAB SCHEDULE / ATTENDANCE:**

During this course, you must complete 16 hours of laboratory time on designated days. Due to fast-paced nature of this course, it is very difficult to arrange make-up lab time. Thus, student attendance is mandatory for this course. This course requires active participation online and in lab. Therefore, students are expected to attend each assigned lab and will be excused only under the most emergent circumstances. Students with an unavoidable absence must email or leave a voice mail for the course instructor as soon as possible regarding their absence. Because of the accelerated nature of this course, it is not guaranteed that clinical make-up days or lab skill days may be rescheduled.

### **CLINICAL REQUIREMENTS (DUE PRIOR TO CLINICAL EXPERIENCE)**

The following requirements must be completed BEFORE the first day of clinical. If requirements are not met, the student will not be permitted to participate in clinical and will receive an unsatisfactory (F) in this course.

**NEGATIVE TB TEST - AND - CURRENT HEALTHCARE PROVIDER AMERICAN HEART ASSOCIATION CPR CERTIFICATION - 1 PAIR OF SCRUBS -AND- ATHLETIC SHOES – WATCH WITH A SECOND HAND**

**NEGATIVE TB** - a recent test result must be given to instructor prior to the clinical experience. TB testing is offered by Public Health Nursing

Department for an extra fee usually \$35.00. Please note that it may take a couple weeks to complete testing, so don't procrastinate! You need to make an appointment with Public Health for this.

**CPR certification** – a current Healthcare Provider CPR (American Heart Association) card is required and a copy must be given to the instructor before being allowed to work in the clinical setting. CPR training will be offered by Joneen Costigan during the course for a fee of \$30.00 in the Nursing building. Payment is due prior to the class starting. There will be an online portion that you will need to complete and get a certificate prior to the CPR check-offs. If you do not have the certificate you will not be checked-off. Instructions for this will be in your moodle course.

If clinical occurs during flu season, the flu vaccine is recommended. IF you choose NOT to receive the vaccine, your clinical site may require you to wear a mask during clinical rotation. Ask your instructor for clinical site policy.

**CLINICAL DRESS CODE** - Clean, unwrinkled scrubs and athletic shoes are required for the clinical practice. Please positively present yourselves within the clinical practice as evidenced by 1) clean hair pulled away from the face, 2) clean, short, unpolished fingernails, no artificial nails 3) clean shaven face for males, 4) one single piercing with a single post in the earlobe of each ear and one low profile ring on one hand 5) tattoos covered and 6) lack of body odor.

### **CLINICAL SCHEDULE:**

Clinical experiences include 30 hours and will be conducted at Powell Valley Care Center

**Remember:** Attendance in laboratory and clinical is mandatory. Failure to attend either will result in an unsatisfactory grade thus requiring the student to retake the course. In addition, you must be on time; if you are late you will not be allowed to participate and will be asked to leave.

### **Cell Phones:**

Cell phones are **not allowed** in the lab or clinical areas. Students should supply their family or those who may need to contact them during an emergency with the telephone number of the facility. Students should not use their cell phones during lab time. If a student wishes to use their cell phone during a break, he/she must do so in a designated area. If student is found to be on their cell phone other than in designated areas they will be asked to leave the lab or clinical and will receive a zero for that day.

### **Disability Support Services:**

Northwest College is dedicated to removing barriers and opening access for students with disabilities in compliance with ADAAA and Section 504 of the Rehabilitation Act. It is the student's responsibility to make an appointment

with the Disability Support Services (DSS) Coordinator to provide documentation of a disability (whether it is psychiatric, learning, mobility, health related, or sensory) and to inquire about accommodations for courses each semester. To contact the DSS Coordinator, call 754-6135 or stop by the Student Success Center.

### **Academic Code of Conduct:**

Northwest College is committed to creating and maintaining an environment of academic honesty. It is the faculty's responsibility to affirm the importance of academic integrity and to try to educate students as to standards of academic behavior. Northwest College expects each faculty member to

- foster a respect for learning,
- treat students with individual attention and consideration,
- provide an environment of trust in the classroom,
- clarify expectations for students,
- develop fair and relevant forms of assessment,
- reduce opportunities to engage in academic dishonesty,
- challenge academic dishonesty when it occurs, and
- help define and support campus-wide academic integrity standards.

Students, too, bear the responsibility for academic integrity. Northwest College expects each student to

- learn and comply with academic expectations,
- display appropriate conduct in classroom situations,
- accept Northwest College's "Student Academic Rights" and "Student Academic Responsibilities," and
- preserve academic integrity by upholding the spirit and letter of the Academic Code of Conduct.

Violations of academic integrity include but are not limited to the following:

- Plagiarism—the act of appropriating or sharing (without acknowledgment) the ideas, language, symbols, or written work of another and passing them off as the product of one's own mind. In all academic areas, it is imperative that work is original or that students give explicit acknowledgments for other persons' ideas or language.
- Cheating—the act of using or attempting to use, in examinations or other academic work, material, information, computer programs or study aids which the instructor does not permit. Cheating includes but is not limited to using books, notes, or calculators or copying from or conversing with others during an examination (unless the instructor permits such external aids); the acquisition, without permission, of tests or other academic material belonging to a member of the college faculty or staff; the use of personal relationships to gain grades or favors; or otherwise attempting to obtain grades or credit through fraudulent means.
- Trafficking—the act of using, giving, buying, or selling exams, papers, or other class materials for which the student bears responsibility for originality. This may include having someone else

do research, write papers, create computer programs, or take examinations; doing research, writing papers, creating computer programs, passing examination answers to, or taking examinations for someone else; or submitting large portions of the same work as part of the academic work for more than one course (unless permitted by the instructors).

- Copyright infringement—the act of using copyrighted images, videos, words, songs, designs, layouts, illustrations, diagrams, charts, or graphs in violation of Fair Use guidelines or without the explicit permission of the owner.
- Interfering with the learning of other students—an important part of the learning process is the discussion of multiple perspectives and differing points of view. Mutual respect is an essential part of effective discussions and productive classroom interactions. Students who disrupt the ability of other students to learn may be asked by the teacher to leave the classroom. In more serious cases, a student may be asked not to return to class. So, while disagreements and dissent are a welcomed part of classroom interactions, differences of opinion and values need to be expressed in ways that make it comfortable for others to express their ideas as well.

### **OFFENSIVE MATERIALS:**

Nursing requires contact with the human body and body secretions. As a result, NRST 1510 will contain information about these topics. The course may also contain explicit information on topics and issues such as nudity, sexuality, and elimination of body wastes (this is not an inclusive list)

### **PROFESSIONAL, ATTITUDE, CONDUCT, AND, BEHAVIOR:**

Professional conduct/behavior is expected during lab, clinical and classroom!

- Unprofessional attitude, conduct and/or behavior in all components of a Nursing class is defined as the inability to work productively, constructively and cooperatively with others. Continual antagonism of instructors or classmates, and/or repeatedly causing dissension among others.
- Face booking and other social media will not take place during classroom, laboratory, and clinical experiences. This includes during assignment and testing times as well as other times determined by the discretion of faculty and the Director. Consequences for such violations are at the discretion of the faculty and Director.
- Nursing faculty will use their professional experience and expertise to determine when a student is demonstrating an unacceptable attitude, conduct or behavior.
- Unprofessional attitude, conduct or behavior is grounds for dismissal from the Nursing Assistant class.
- Profanity is considered unprofessional conduct.
- Students will be required to adhere to national and state standards of practice and to practice within legal and ethical frameworks. Students will also be held accountable to adhere to the Wyoming State Board of Nursing (WSBN) Rules and Regulations for Certified Nursing Assistants at <http://nursing.state.us> and the ANA Code of Ethics for Nurses: [http://nursingworld.org/ethics/code/protected\\_nwcoe629.htm](http://nursingworld.org/ethics/code/protected_nwcoe629.htm)

**Syllabus Amendments:** The instructor reserves the right to amend the syllabus during the course if the instructor perceives such amendments would be conducive to student learning. The instructor will notify the student in writing of any changes.

**COURSE REQUIREMENTS & COMPUTATION OF GRADE  
NRST 1510**

I have received the course syllabus for NRST 1510 Nurse Assistant. The syllabus has been reviewed by me. I understand the expectations for this course. If changes are made, my instructor will notify me in writing.

Student's signature \_\_\_\_\_

Date \_\_\_\_\_

## **NORTHWEST COLLEGE CERTIFICATION AND NATCEP CERTIFICATION:**

A student who takes NRST 1510: Nursing Assistant has the opportunity to earn two (2) separate and distinct certificates. The Northwest College Nursing Assistant Skills Certificate is optional. Those preparing to become a Certified Nursing Assistant for the state of Wyoming must earn the Certificate of Completion Nurse Aide Training Competency and Evaluation Program (NATCEP).

- Northwest College Nursing Assistant Skills Certificate: (optional)  
Students who successfully complete NRST 1510: Nursing Assistant AND NRST 1200 Medical Terminology are eligible for a Northwest College Skills Certificate. Descriptions of these certificates can be found in the NWC catalog. To qualify for the NWC Nursing Assistant Skills Certificate, both of these courses must be taken for credit at Northwest College and passed with a “C” (74%) or higher. Students requesting this official NWC certificate must fill out the *Requested Recognition for Certificate Completion Form* and turn it into the NWC Registrar. This form can be obtained from the Registrar’s office.
- Certificate of Completion Nurse Aide Training Competency and Evaluation Program (NATCEP): (required for CNA certification)  
To become a Certified Nursing Assistant (CNA), students must successfully complete the NRST 1510: Nursing Assistant course with a “C” (74%) or higher grade. This qualifies the student to apply for and take the American Red Cross national Certified nursing Assistant Examination. Successful completion of this written and skills examination qualifies the candidate for the required certificate needed to apply for official state certification through the Wyoming State Board of Nursing. The process for becoming a Certified Nursing Assistant and the application process for certification will be covered during the course.

| <b>Skills</b>                                                                                                   | <b>Lab</b> | <b>Clinical</b> | <b>Library<br/>Video</b> | <b>Headmaster<br/>Checklist</b> |
|-----------------------------------------------------------------------------------------------------------------|------------|-----------------|--------------------------|---------------------------------|
| Denture Care                                                                                                    |            |                 |                          |                                 |
| Mouth Care                                                                                                      |            |                 |                          |                                 |
| Modified bed bath – Face and one arm, hand, and underarm                                                        |            |                 |                          |                                 |
| Dress with affected weak side                                                                                   |            |                 |                          |                                 |
| Applying an anti-embolic stocking to one leg                                                                    |            |                 |                          |                                 |
| Foot Care                                                                                                       |            |                 |                          |                                 |
| Catheter care for a female with hand washing                                                                    |            |                 |                          |                                 |
| Bed pan – Measure and record output with handwashing                                                            |            |                 |                          |                                 |
| Donning PPE – emptying a urinary drainage bag, measure and record urine output and remove PPE with hand washing |            |                 |                          |                                 |
| Perineal care for a female resident with hand washing                                                           |            |                 |                          |                                 |
| Assist resident to ambulate using a gait belt                                                                   |            |                 |                          |                                 |
| Position a dependent resident in bed on side                                                                    |            |                 |                          |                                 |
| Transfer resident from bed to wheelchair using a gait belt                                                      |            |                 |                          |                                 |
| Passive range of motion exercises for one hip and one knee                                                      |            |                 |                          |                                 |
| Passive range of motion exercises for one shoulder                                                              |            |                 |                          |                                 |
| Feeding a dependent resident with calculations on what they ate and drank                                       |            |                 |                          |                                 |
| Count Respirations                                                                                              |            |                 |                          |                                 |
| Count Pulse                                                                                                     |            |                 |                          |                                 |
| Promoting mental and psychosocial health                                                                        |            |                 |                          |                                 |

| <b>Skills</b>                                                                       | <b>Lab</b> | <b>Clinical</b> | <b>Library<br/>Video</b> | <b>Headmaster<br/>Checklist</b> |
|-------------------------------------------------------------------------------------|------------|-----------------|--------------------------|---------------------------------|
| Gait belt use                                                                       |            |                 |                          |                                 |
| Hand washing                                                                        |            |                 |                          |                                 |
| Assistive devices                                                                   |            |                 |                          |                                 |
| Providing clear, comprehensive,<br>and articulate report                            |            |                 |                          |                                 |
| Communicating appropriately<br>and effectively with staff,<br>clients, and families |            |                 |                          |                                 |
| Recognizing boundaries                                                              |            |                 |                          |                                 |
| Charting CNA nursing care                                                           |            |                 |                          |                                 |
| Charting vital signs                                                                |            |                 |                          |                                 |
| Setting priorities                                                                  |            |                 |                          |                                 |
| Organizing work                                                                     |            |                 |                          |                                 |
| Managing time                                                                       |            |                 |                          |                                 |
| Accepting responsibility                                                            |            |                 |                          |                                 |
| Functioning under stress                                                            |            |                 |                          |                                 |
| Showing Initiative                                                                  |            |                 |                          |                                 |
| Being punctual                                                                      |            |                 |                          |                                 |
| Demonstrating cooperation                                                           |            |                 |                          |                                 |
| Dress code                                                                          |            |                 |                          |                                 |
| Blood pressure                                                                      |            |                 |                          |                                 |
| Making an occupied /<br>unoccupied bed                                              |            |                 |                          |                                 |

**Please select the number on each continuum that best portrays the student's behavior and /  
or feelings as you perceive them**

|                 |   |   |   |               |
|-----------------|---|---|---|---------------|
| ASSERTIVE       | 3 | 2 | 1 | NON-ASSERTIVE |
| CONSCIENTIOUS   | 3 | 2 | 1 | IRRESPONSIBLE |
| NONJUDGE-MENTAL | 3 | 2 | 1 | JUDGEMENTAL   |
| EMPATHETIC      | 3 | 2 | 1 | NON-CARING    |
| ENTHUSIASTIC    | 3 | 2 | 1 | DISINTERESTED |

COMMENTS:

\_\_\_\_\_  
**Student Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Instructor Signature**

\_\_\_\_\_  
**Date**

## EVALUATION OF CLINICAL AGENCY BY CNA STUDENTS

### Northwest College Nursing Program

**COURSE:** \_\_\_\_\_

**AGENCY:** \_\_\_\_\_

**UNIT:** \_\_\_\_\_

**SEMESTER:** \_\_\_\_\_

**FACULTY MEMBER:** \_\_\_\_\_

The criteria listed below are those that have been developed by the faculty to select clinical agencies for student experiences. Please use the following scale to evaluate the clinical agency as you have experienced it:

**4 = STRONGLY AGREE**

**3 = AGREE**

**2 = DISAGREE**

**1 = STRONGLY DISAGREE**

**0 = NOT APPLICABLE**

The environment in the agency was one that conveyed they valued teaching and learning, and they welcomed students..... 4 3 2 1 0

The number and variety of patients available helped students meet course and personal objectives ..... 4 3 2 1 0

The opportunities to perform clinical client care relevant to the objectives for this course were good ..... 4 3 2 1 0

There were good opportunities to collaborate with nurses and other health team members ..... 4 3 2 1 0

There were good opportunities for students to develop their clinical decision making skills ..... 4 3 2 1 0

There were good opportunities for students to develop communication, observation & documentation skills ..... 4 3 2 1 0

The nurses and nurse assistants in the agency were positive professional role models ..... 4 3 2 1 0

The cost of going to this agency was not prohibitive..... 4 3 2 1 0

The agency was geographically accessible..... 4 3 2 1 0

We felt safe in and around the agency ..... 4 3 2 1 0

Please use the bottom and /or other side of this form to explain any **DISAGREE** or **STRONGLY DISAGREE** ratings (i.e., #2 or #1 ratings) and **add any additional comments** you think would be helpful/important for Nursing Program

faculty to know. Thank you for your thoughtful response to this evaluation.

## NRST 1510

### Course Outline

| <b>Week</b>                                       | <b>Topic</b>                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>Assignment</b>                                                                                   | <b>Quiz / Exams</b>    | <b>Lab / Clinical</b>                              |
|---------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------|----------------------------------------------------|
| <b>Aug 20<sup>th</sup> – Aug 26<sup>th</sup></b>  | <ul style="list-style-type: none"> <li>• <b>Chapter 1: The Healthcare System</b></li> <li>• <b>Chapter 2: The Nursing Assistants Job</b></li> <li>• <b>Chapter 3 Professionalism and Job seeking skills</b></li> <li>• <b>Chapter 4: Legal and Ethical Issues</b></li> <li>• <b>Chapter 5: Communication Skills</b></li> <li>• <b>Chapter 6: Those we care for</b></li> </ul>                                                                | <b>Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter.</b> | <b>Refer to Moodle</b> | CNA lab in YB 145 1500 – 1900 Aug 25 <sup>th</sup> |
| <b>Aug 27<sup>th</sup> – Sept. 2<sup>nd</sup></b> | <ul style="list-style-type: none"> <li>• <b>Chapter 7: Overview of Long Term Care</b></li> <li>• <b>Chapter 8: The Long Term Care Resident</b></li> <li>• <b>Chapter 9: Caring for people with dementia</b></li> <li>• <b>Chapter 10: Communicable Diseases</b></li> <li>• <b>Chapter 11: Common Communicable Diseases and Transmission in the Health Care Setting.</b></li> <li>• <b>Chapter 12: Infection Control Measurers</b></li> </ul> | <b>Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter.</b> | <b>Refer to Moodle</b> |                                                    |

|                                               |                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                              |                 |                                                                                                                                    |
|-----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------|------------------------------------------------------------------------------------------------------------------------------------|
| Sept 3 <sup>rd</sup> – Sept 9 <sup>th</sup>   | <ul style="list-style-type: none"> <li>• Chapter 13: Workplace Safety</li> <li>• Chapter 14: Patient Safety and Restraint Alternatives</li> <li>• Chapter 15: Positioning, lifting, and transferring patients and residents</li> <li>• Chapter 16: Basic First Aid and Emergency Care</li> <li>• Chapter 17: The patient or resident environment</li> <li>• Chapter 18: Admissions, transfers and discharges</li> </ul> | Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter. | Refer to Moodle | CNA lab in YB 145 1500 – 1900 Sept 8 <sup>th</sup>                                                                                 |
| Sept 10 <sup>th</sup> – Sept 16 <sup>th</sup> | <ul style="list-style-type: none"> <li>• Chapter 19: Bedmaking</li> <li>• Chapter 20: Measuring and Recording Vital signs, Height, and weight</li> <li>• Chapter 21: Comfort and Rest</li> <li>• Chapter 22: Cleanliness and Hygiene</li> <li>• Chapter 23: Assisting with Grooming</li> <li>• Chapter 24: Basic Nutrition</li> <li>•</li> </ul>                                                                        | Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter. |                 | CNA lab in YB 145 1500 – 1900 Sept 16 <sup>th</sup>                                                                                |
| Sept 17 <sup>th</sup> – Sept 23 <sup>rd</sup> | <ul style="list-style-type: none"> <li>• Chapter 25: Assisting with Urinary and bowel Elimination</li> <li>• Chapter 26: Caring for people who are terminally ill</li> </ul>                                                                                                                                                                                                                                            | Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter. | Refer to Moodle | CNA lab in YB 145 1500 – 1900 Sept 23 <sup>rd</sup> with CPR Check offs to follow<br>TB documentation Due on Sept 23 <sup>rd</sup> |

|                                                    |                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                     |                        |                                                                                                                                                                              |
|----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                    | <ul style="list-style-type: none"> <li>• <b>Chapter 27:</b><br/>Caring for People who are dying</li> <li>• <b>28: Basic Body Structure and Function</b></li> <li>• <b>Chapter 29:</b><br/>The Integumentary System</li> <li>• <b>Chapter 30:</b><br/>The Musculoskeletal System</li> </ul>                                                                                            |                                                                                                     |                        |                                                                                                                                                                              |
| <b>Sept 24<sup>th</sup> – Sept 30<sup>th</sup></b> | <ul style="list-style-type: none"> <li>• <b>Chapter 31:</b><br/>The Respiratory system</li> <li>• <b>Chapter 32:</b><br/>The cardiovascular system</li> <li>• <b>Chapter 33:</b><br/>The Nervous System</li> <li>• <b>Chapter 34:</b><br/>The Sensory System</li> <li>• <b>Chapter 35:</b><br/>The Endocrine System</li> <li>• <b>Chapter 36:</b><br/>The Digestive System</li> </ul> | <b>Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter.</b> | <b>Refer to Moodle</b> | <b>CNA Clinical Sept 30<sup>th</sup> 0630 – 1630 at Powell Valley Healthcare LTC</b>                                                                                         |
| <b>Oct 1<sup>st</sup> – Oct 7<sup>th</sup></b>     | <ul style="list-style-type: none"> <li>• <b>Chapter 37:</b><br/>The Urinary System</li> <li>• <b>Chapter 38:</b><br/>The Reproductive System</li> <li>• <b>Chapter 39:</b><br/>Care for people with rehabilitation Needs</li> <li>• <b>Chapter 40:</b><br/>Care for People with Developmental Disabilities</li> </ul>                                                                 | <b>Discussion as assigned by instructor. See Moodle. Assignments on The Point for each chapter.</b> | <b>Refer to Moodle</b> | <b>CNA Clinical Oct 2<sup>nd</sup> 0630 – 1630 at Powell Valley Healthcare LTC</b><br><br><b>CNA Clinical Oct 7<sup>th</sup> 0630 – 1630 at Powell Valley Healthcare LTC</b> |

|                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |                        |  |
|--------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------------------|--|
|                                            | <ul style="list-style-type: none"> <li>• <b>Chapter 41: Caring for people with Mental Illness</b></li> <li>• <b>Chapter 42 Caring for people with Cancer.</b></li> </ul>                                                                                                                                                                                                                                                                                                          |  |                        |  |
| <b>Oct 1<sup>st</sup> – 9<sup>th</sup></b> | <ul style="list-style-type: none"> <li>• <b>Chapter 43 Caring for Surgical Patients</b></li> <li>• <b>Chapter 44 Caring for birthing parents and newborns</b></li> <li>• <b>Chapter 45 Caring for Pediatric Patients</b></li> <li>• <b>Chapter 46: Introduction to Home Health Care</b></li> <li>• <b>Chapter 47: Safety and Infection Control in the Home Health care setting.</b></li> <li>• <b>Comprehensive Final Exam</b></li> <li>• All chapters will be covered</li> </ul> |  | <b>Refer to Moodle</b> |  |

### **Course Objectives:**

1. Function in an entry level nursing assistant position.
2. State, in writing, the principles of basic nursing practice as presented in class.
3. Perform selected procedures according to identified criteria as presented in class.
4. Administer direct client / resident care in a safe and prudent manner.
5. Utilize beginning communication skills to interact with clients /residents /families, and members of the healthcare team
6. Identify, spell, and use correct medical terminology and medical abbreviations specified in the course.
7. Demonstrate beginning observation and documenting skills to report and record assessment of the client or resident's health, physical status, and well-being.
8. Demonstrate knowledge of the client / resident's rights under the law and the ways in which these rights may be violated.
9. Identify legal issues associated with the role of the nursing assistant as derived from the Nursing Practice Act, Omnibus Bill, and institutional policies and procedures.

10. Apply guidelines from the code of ethics in observation of actions in health-related situations.

**Course Outcomes:**

1. Communication
2. Collaboration
3. Teaching and Learning
4. Response to Human Needs
5. Critical thinking
6. Caring
7. Safety
8. Professional Behaviors